

ABSTRACT

A therapeutic instrument, which is usable to apply, accordingly to the choice of the user, mechanical stimuli alone or electric stimuli together with mechanical stimuli individually to each of a plurality of points on the body surface related to treating somatic disorders, is being disclosed. The said therapeutic instrument is characterized as being comprised of supporting medium for wearing it on body and conductive projections lined on the inner surface of the said supporting medium to apply pressure on multiple regions of body surface where the said projection has a hole on the bottom face, which accepts an electrode terminal of compatible shape and size. The said therapeutic instrument allows a non-expert user to accurately apply pressure stimuli alone or electric stimuli concurrently with the pressure stimuli accordingly to his/her choice.